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The author  
(at left)  
with  
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ISBN 978-0-615-26214-7

READERS' COMMENTS

From J.M. (Abington, CT):

I have just finished your book. It seems that authors borrow at will from others, using only slight alterations in wording at times... Such is not the case with your book... Quite frankly, I was touched by your book's applicability to some situations in my life... I am going to read it again.

From M.M. (New York):

Amazed as I have been in discovering Karen Horney's theories, I must say that YOUR theory is an absolute mind-blower. Your theory has... how can I put it? stunned me. I am astounded...

From T.T. (Yahoo):

Your work on the NPA Theory of Personality Traits is, in my estimation anyway, utterly fascinating, and so compelling that it has made at least THIS reader spend the past two weeks reading your work, and reflecting, and re-reading and re-reflecting... All I can say is thank God for the internet and for email, and above all, for you — I would never have mustered the courage to speak with anyone about my concerns otherwise. Your work ...really made me feel, for the first time in years, genuinely hopeful and even joyful... I cannot tell you what a remarkable difference your work has made in my life.

From S. Vaknin (author of "Malignant Self Love: Narcissism Revisited"):

Finally, a genetically based, dimension-oriented approach to narcissism, aggression and perfectionism. A refreshing counterpoint to the categorical classification of mental health disorders... Thoughtful, well-documented, and thought provoking. A great and enriching read.

From L.K.-K., M.D. (Vienna):

After reading the book, I figured out that the theory is not only interesting, great it is just ingenious. The theory is a MUST to all of us who want to help patients.



Toward Self & Sanity

BENIS



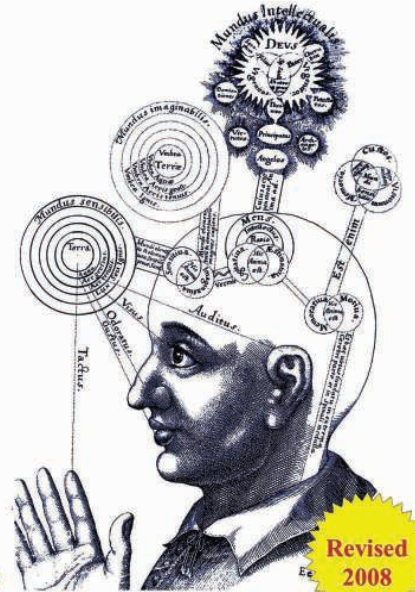
# TOWARD SELF & SANITY

*On the  
genetic  
origins of  
the human  
character*

**SECOND EDITION**

*« the original  
NPA theory  
of personality »*

**A.M. BENIS, ScD, MD**



**Revised  
2008**